

STYLE

by Rayne

any budget, any body...

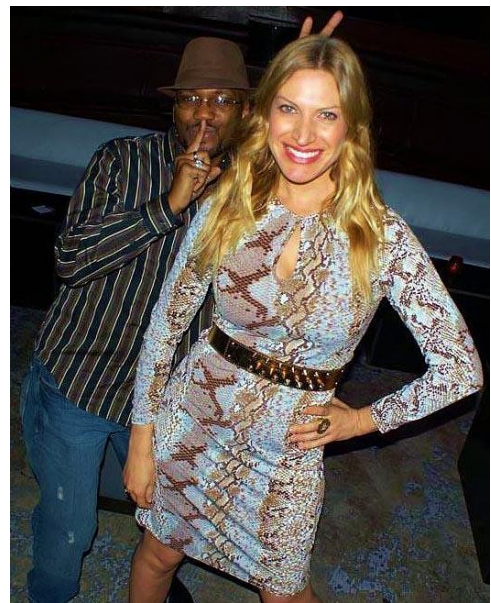
The 5 Most Common Fashion Mistakes People Make On Dates

If you're single and dating, you only get one shot at making a first impression. Let's make it an unforgettable one. When trying to choose an outfit for your first date the stakes are really high. If you wear inappropriate attire you will most likely be dismissed as a potential mate faster than you can spell Mississippi. Check out the 5 mistakes below and avoid them when possible...especially when dating someone new.

For Women: (Men, read 4 and 5!)

Not doing your research about the date. I know it sounds silly but making this mistake can have you looking really out of place and physically uncomfortable. Ask these questions before you start getting ready for a date: Am I going to be standing or sitting? Is the party/barbecue indoors or outdoors? Is the venue/event formal or casual? Will the location be air conditioned? When you make fashionably educated choices you will be stylin' in chicness, comfort, and confidence!

- 1 **Wearing a too revealing outfit:** A mysterious woman is better than one who throws it all in a man's face right away. Let your date **imagine** what you look like nude. Don't give it away. Dress yourself as an elegantly wrapped gift and according to your body type. A general rule of thumb when it comes to "dressing sexy and classy" is to pick one area; to flaunt and **only one**. If you want to show off your legs, then don't show too much cleavage. PS. Men are most attracted to pink and red.



I love this dress for dates! It's not too revealing yet it shows off my figure. (Hosts: Carl Hampton Jr. and Rayne Hagstrom at V.I.P Social Events party).

- 2 **Wearing the wrong shoes.** Can you imagine wearing a set of spiked heels to the park to play with his dogs or climb up and down steep bleachers to watch a hockey game? What a disaster! Make sure your shoes are appropriate and comfortable. Your attention should be on him and not you're soon to be blisters. If you choose to wear heels, always keep fold-a-flats in your purse or extra shoes in your car.
- 3 **Too much make-up....** Makeup shouldn't be overdone. The more makeup you wear, the more disastrous it can be. Imagine having runny mascara, melting cover up, and red lipstick all over the place. This is literally a HOT MESS. There are so many great make-ups on the market now where you can cover-up flaws and still look natural. For day, I recommend concealer, tinted moisturizer for cover-up, translucent powder, mascara, light colored blush, nude colored lip gloss. For night time, play up one area either your eyes (smoky eye-shadow) or lips (a colored pout)...not both.
- 4 **Making a fashion statement that distracts from the real you.** Don't put any clothing item on that attracts attention to **IT** instead of you...like a pink fur coat, head-to toe leopard, or your favorite hello kitty shirt. Wear pants, skirts and dress appropriate for your body type in a more demure and conservative fashion that enhances **YOU**.

Women's clothing options for warmer weather/day time dates:

Tops:

- Light-weight cotton t-shirts or tanks in complementing colors.
- Casual jackets or cardigans, just in case it gets cold at night. You can also use them to sit on as sometimes the seats can be dirty, or give you weird indents on your skin if you're wearing shorts.

Bottoms:

- Perfect fitting tight jeans, if it's not too hot.
- Jean shorts.
- Maxi skirts.

Dresses:

- Sun dresses (knee length or a little shorter).
- Maxi dresses.

Shoes:

- T-strap sandals or wedges if you want a little height (not for a sports game).
- Fashionable slip-ons or ballet flats.
- Flat boots (ankle length).

Options for night dates:

Tops:

- Metallics, sequins, and v-neck blouses in complementary colors.
- A fun jacket, like a blazer with sequin trim.

Bottoms:

- Pencil skirts.
- Tight jeans.

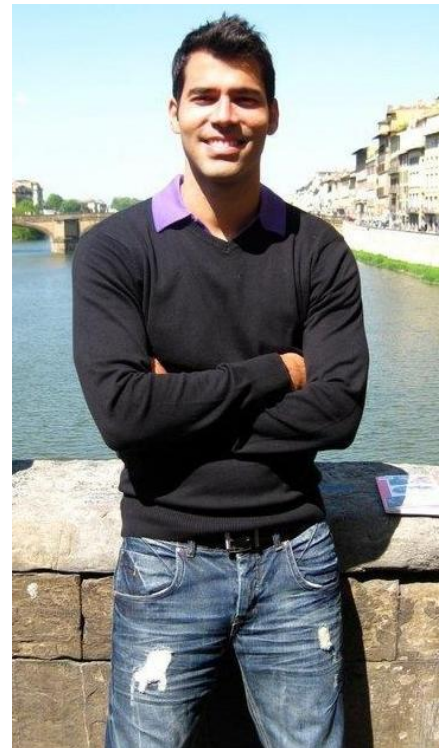
Dresses: Make sure they are flattering styles that accentuate your body type that are not TOO revealing.

Shoes: High heels that expose your pedicured toes.

For Men: (Women can benefit too.)

No matter how great you are, sometimes we just can't get past your unappealing wardrobe on a first date. If your attire is sloppy or out-of-date, we can only imagine what your house looks like. We assume it's messy, dirty, and disheveled...which will send us running. Don't judge us, we can't help it! Check out the 5 mistakes below and avoid them when possible...especially when dating someone new.

- 1 **Wearing sloppy t-shirts:** I know they're comfortable, but it gives off an "I don't really care about this date" attitude. You want to look like you put some time into looking nice for your date. Try a nice button-up, cashmere, sweater, or your favorite **IRONED** rock-n-roll t-shirt under a blazer with dark jeans for a casual yet cool vibe.



My friend's, Omar Pena, choice of a soft sweater, jeans, and a pop of color button up had his women swooning over him at a casual lunch date. For a night date, you can switch out the jeans for nice slacks.

- 2 **Wearing a black suit:** Think twice before you throw on an all-black suit, since it can come off as generic, uninviting, and/or looking as if you have something to prove. Focus on a more casual look that gives off a down to earth, friendly, and confident vibe. I suggest a soft cashmere sweater or soft button up shirt, dark colored jeans, black socks, and snazzy shoes. If the date is a little more formal, add a cool blazer or non-black suit with a colorful tie.
- 3 **Wearing dirty shoes:** Shoes can tell a lot about a man. Having clean and polished shoes shows the world you are a healthy man who knows where he is going and knows the steps he needs to take to get to “success”.
- 4 **Unkempt hair:** The condition is so important. Greasy, straggly, and comb-overs are not attractive. Spray some dry shampoo on your hair if it looks greasy and get a very close shave if you are balding. Hanging on to or growing out the strands you have left just looks out-of-date and “stuck in the past”. Let it go and embrace your new do. Women love to rub a bald head!
- 5 **Pleats:** Please throw out any pants that have pleats in them. This style went out when *Miami Vice*, the tv show, went off the air in 1990. Shop for flat-front pants.

Formal date options for men:

Tops:

- Blazer/sport coat with a crisp button up shirt.

Bottoms:

- Slacks.

Shoes:

- Loafers or lace-ups.
- Snazzy shoes.

Casual Date:

Tops:

- Light-weight cotton t-shirts or polos in complementing colors.
- Casual jacket or cashmere sweater, just in case it gets cold.

Bottoms:

- Dark jeans for evening and medium wash for daytime.
- Straight or relaxed cut pants.
- Loafers/slip-ons.
- Non-athletic sneakers.
- Boots.

Things Women Will Notice and Find Sexy!

1. Classy watch that makes a subtle statement.
2. Colorful shirts. Wearing black ages almost everyone, makes you look tired, and comes off cold.
3. Well-fitting clothing (not too baggy or too tight).
4. Stand proud and smile! Great posture can make you look better in your clothes, 10 pounds lighter, and 100 times more confident. Along with these, a beautiful smile can break the ice, warm hearts, and brighten up someone's day.

Keep these fashion tips in mind on your next date and you'll be putting your best foot forward. Stand proud and smile! Great posture can make you look better in your clothes, 10 pounds lighter, and 100 times more confident. Along with these, a beautiful smile can break the ice, warm hearts, and brighten up someone's day. If you would like my assistance in helping you LOOK your absolute best for dates please feel free to contact me at Rayne@StyleByRayne.com

Fashionably Yours,

Rayne

www.StyleByRayne.com